AN ALMANACK FOR

The Year of our 1664. being Bissextile or Leap-Year.

Calculated for the Meridian of and may indifferently serve for all

By *Student in Astrology.*

Printed by for the Company of STATIONERS, 1664.

The Account of the Year of Our Lord, 1664.

Julian, or *English*.		*Gregorian*, or *Forreign*.
11	The Golden Number.	12
21	Cycle of the Sun.	21
☾ ♋	Dominical Letter.	♐ ☾
2	Roman Indiction.	2
10	Number or Direction.	16
12	Epact.	2

Febr 7.	Septuagesima.	Febr. 10.
Febr. 17.	Shrove-Sunday.	Febr. 27.
April 10.	Easter-Day.	April 13.
May 15.	Rogation Sunday.	May 18.
May 19.	Ascension Day.	May 22.
May 29.	Whitsunday.	Jun. 4.
Nov. 27.	Advent Sunday.	Nov. 30.

The Characters of the 12. Signs of the Zodiack.

♈	♉	♊	♋	♌	♍
Aries,	Taurus,	Gemini,	Cancer,	Leo,	Virgo,
♎	♏	♐	♑	♒	♓
Libra,	Scorpio,	Sagittarius,	Capric.	Aquarius,	Pisces.

The Characters of the seven Planets.

♄	♃	♂	☉	♀	☿	☽
Saturn,	*Jupiter*,	*Mars*,	*Sol*,	*Venus*,	*Mercury*,	*Luna*.

The Characters of the five chief Aspects.

☌	☍	✶	□	△
Conjunction,	*Opposition*,	*Sextile*,	*Quartile*,	*Trine*.

1664.

January XXXI Dayes.

1	a	New-years Day	♓
2	b		♓
3	c		♓
4	d	☾ full, 3 d. 37	♓
5	e	m. past 3 morn	♈
6	f	Epiphan. 12 day	♈
7	g		♉
8	a	☾ Last q. 10 d.	♉
9	b	9 m. p. 3 mor.	♊
10	c	1 Sun. aft. Epip.	♊
11	d	[☉ in ♒	♋
12	e		♋
13	f		♋
14	g		♌
15	a		♌
16	b		♍
17	c	2 Sun. aft. Epiph.	♍
18	d	☾ New 18 d. 41	♍
19	e	m. past 7. morn.	♒
20	f		♒
21	g		♓
22	a		♓
23	b	[illegible]	♈
24	c	3 Sun. af. Epiph.	♈
25	d	Conver. of S. *Paul*	♈
26	e	☾ Fir. q. 25 d. 46	♉
27	f	m. past 10 night.	♉
28	g		♊
29	a		♊
30	b	[illegible]	♋
31	c	4 S. af. Epiphany	♋

1664.

February XXIX Dayes

1	d		♋
2	e	Purif. M. v.	♌
3	f	☾ Full 1. d. 37	♌
4	g	m. p. 2. af. noon	♍
5	a		♍
6	b		♍
7	c	Septuages.	♎
8	d	☉ in ♓ ☾ Last q. 8	♎
9	e	c. 31 m. p.	♎
10	f	9. night.	♏
11	g		♏
12	a		♐
13	b		♐
14	c	Sexages.	♐
15	d		♑
16	e		♑
17	f	☾ New 17 d. 10	♓
18	g	m. past 1 morn.	♓
19	a		♈
20	b		♈
21	c	Shrove-Sunday.	♉
22	d		♉
23	e		♊
24	f	Aſhwen. [illegible]	♊
25	g	[illegible]	♋
26	a	☾ First q. 24 day.	♋
27	b	15 m. p. 7, morn.	♌
28	c	1 Sun. in Lent.	♌
29	d		♍

1664.			
March XXXI Dayes.			
1	b		♍
2	c	☾ Full 2 d. 11	♍
3	f	p. 2 morn.	♎
4	g		♎
5	a		♏
6		2 Sun. in Lent.	♏
7	c		♐
8	d		♐
9	e	☉ in ☾ L. q	♐
10	f	♈ 9 d. 22	♑
11	g	m.p. noon	♑
12	a		♒
13	b	3 Sun. in Lent.	♒
14	c		♒
15	d		♓
16	e		♓
17	f	☾ New 17 d	♈
18	g	34 m.p. 3 a.n	♈
19	a		♉
20		4 Sun. in Lent	♉
21	c		♊
22	d		♊
23	e	☾ F. q. 24	♊
24	f	38 m.p. 1 a.n	♋
25	g		♋
26	a		♌
27		5 Sun. in Lent.	♌
28	c		♍
29	d		♍
30	e	☾ Full 31 d.	♎
31	f	18 m.p. 2. a.n.	♎

1664.			
April XXX Dayes.			
	g		♏
2	a		♏
3			♏
4	c		♐
5	d		♐
6	e		♑
7	f		♑
8	g	☉ ☾ l. q. 8 d.	♑
9	a	in ♉ 41 m. n.	♒
10			♒
11	c		♒
12	d		♓
13	e		♓
14	f		♈
15	g	☾ New 16 d.	♈
16	a	43 m. p. 2. m.	♈
17			♉
18	c		♉
19	d		♊
20	e		♊
21	f	☾ First q 22	♋
22	g	d. 10 m. p. 8 n	♋
23	a	St. George	♌
24		2 Sun at. Easter	♌
25	c		♍
26	d		♍
27	e		♎
28	f		♎
29	g	☾ Full 30 d.	♏
30	a	12 m. p. 3 m.	♏

1664.			
May [illegible] Days			
1	[illegible]		♐
2	c		♐
3	d		♑
4	e		♑
5	f		♑
6	g	☾ Last q. 8 d.	♒
7	a	23 m. p. 6. m	♒
8	[illegible]	4 Sun. af. Easter.	♓
9	c		♓
10	d	☉ in ♊	♓
11	e		♈
12	f		♈
13	g	☾ New 15 d.	♉
14	a	11 m. p. 11 m.	♉
15	[illegible]		♊
16	c		♊
17	d		♋
18	e		♋
19	f		♌
20	g		♌
21	a	☾ First q. 22	♍
22	[illegible]	d. 48 m. p. 2. m	♍
23	c		♍
24	d		♎
25	e		♎
26	f		♏
27	g	☾ Full 29 d.	♏
28	a	4 m. p. 5. aft. n.	♐
29	[illegible]	[illegible]	♐
30	c		♐
31	d		♑

1664.			
[illegible] Dayes.			
1	e		♑
2	f		♒
3	g		♒
4	a		♒
5			♓
6	c	☾ Last q. 6 d.	♓
7	d	at 9 evening	♈
8	e		♈
9	f		♉
10	g		♉
11	a	☉ in ♋	♉
12	[illegible]	1 Sun. aft. Trin.	♊
13	c	☾ New 13 d	♊
14	d	at 7 evening.	♋
15	e		♋
16	f		♌
17	g		♌
18	a		♍
19	[illegible]	2 Sun. aft. Trin.	♍
20	c	☾ First quar	♎
21	d	20 day, 1 m.	♎
22	e		♏
23	f		♏
24	g		♐
25	a		♐
26	[illegible]	3 Sun. aft. Trin	♐
27	c	☾ Full 28 d.	♑
28	d	10 in morn.	♑
29	e	St. Peter & Paul	♒
30	f		♒

1664			
July XXXI Dayes.			
1	g		♒
2	a		♓
3	♋	4th. S. aft. Trin.	♓
4	c		♈
5	d		♈
6	e	☾ Last. q. 6 d. 11 in the mor	♈
7	f		♉
8	g		♉
9	a		♊
10	♌	5. Sun. af. Trin	♊
11	c		♋
12	d	☉ in ♌	♋
13	e	☾ New 13 d. 2 in the mor.	♌
14	f		♌
15	g		♍
16	a		♍
17	♍	6. Sun. af. Trin.	♎
18	c		♎
19	d	☾ First q. 19 d. 9 even.	♏
20	e		♏
21	f		♏
22	g		♐
23	a		♐
24	♎	7. Sun. aft. Trin.	♑
25	c		♑
26	d		♑
27	e	☾ Full 27 d. 12 at Night	♒
28	f		♒
29	g		♓
30	a		♓
31	♏	8. Sun. aft. Trin.	♓

1664.			
August XXXI Dayes.			
1	c		♈
2	d		♈
3	e		♉
4	f		♉
5	g	☾ Last quar. 6. day 6 even.	♊
6	a		♊
7	♐	9. Sun. af. Trin.	♋
8	c		♋
9	d		♌
10	e		♌
11	f	☾ New 11 d. 9 in the mor.	♍
12	g		♍
13	a		♍
14	♑	10. Sun. af. Trin.	♎
15	c		♎
16	d		♏
17	e		♏
18	f	☾ First q. 18. d. 10 in mor	♐
19	g		♐
20	a		♑
21	♒	11. Sun. af. Trin.	♑
22	c		♑
23	d		♒
24	e	Bartholomew A.	♒
25	f		♒
26	g	☾ Full 26 d. 3 afternoon.	♓
27	a		♓
28	♓	12. Sun. af. Trin.	♈
29	c		♈
30	d		♉
31	e		♉

1664.

1	f			♉
2	g	☾ Last quar. 3		♊
3	a	d. 1. in the m.		♊
4	b	13 Sun. aft. Trin.		♋
5	c			♋
6	d			♌
7	e			♌
8	f			♍
9	g	☾ New 9 day		♍
10	a	6 Evening.		♎
11	b	14 Sun. af. Trin.		♎
12	c			♏
13	d	☉ in ♎		♏
14	e			♐
15	f			♐
16	g	☾ First quar.		♑
17	a	17 d. 4 in m.		♑
18	b	15 Sun. aft. Trin.		♒
19	c			♒
20	d			♓
21	e	Mathew Apostle.		♓
22	f			♈
23	g			♈
24	a			♉
25	b	16 Sun. aft. Trin.		♉
26	c	☾ Full 25 day		♉
27	d	in the morn.		♊
28	e			♊
29	f	Mich. Arch.		♋
30	g			♋

1664.

1	a			♌
2	b	17 Sun. af. Trin		♌
3	c	☾ Last quar. 2		♍
4	d	day, 9 in mor.		♍
5	e			♎
6	f			♎
7	g			♏
8	a			♏
9	b	18 Sun. af. Trin.		♐
10	c	☾ New 9 day		♐
11	d	5 in the mor.		♑
12	e			♑
13	f	☉ in ♐		♒
14	g			♒
15	a			♓
16	b	19 Sun. af. Trin.		♓
17	c			♈
18	d			♈
19	e	☾ First quar.		♉
20	f	16 d. at midn.		♉
21	g			♉
22	a			♊
23	b	20 S. a. T. Ter. b.		♊
24	c	☾ Full 24 day		♋
25	d	7 at night.		♋
26	e			♌
27	f			♌
28	g	[illegible]		♍
29	a			♍
30	b	21 Sun. aft. Trin.		♎
31	c	☾ L. q. 4 aftern		♎

1	d	☉ Enters	♏	1	f			1	f		♑
2	e		♏	2	g			2	g		♑
3	f		♏	3	a			3	a		♑
4	g		♎	4	b	2d. Advent.		4	b		♒
5	a		♎	5	c			5	c		♒
6	b	22 Sun. af. Trin.	♏	6	d			6	d		♒
7	c	☾ New 7 day	♏	7	e	☾ New 7 day		7	e		♓
8	d	7 in the even.	♐	8	f	at noon.		8	f		♓
9	e		♐	9	g			9	g		♓
10	f		♐	10	a			10	a		♈
11	g		♑	11	b	☉ in ♑ 3d. Ad.		11	b		♈
12	a	☉ in ♐	♑	12	c			12	c		♈
13	b	23 Sun. af. Trin.	♒	13	d			13	d		♉
14	c		♒	14	e			14	e		♉
15	d	☾ First quar.	♒	15	f	☾ First q. 15		15	f		♊
16	e	15 d. 9 night.	♓	16	g	d. at 5 aftern.		16	g		♊
17	f		♓	17	a			17	a		♊
18	g		♈	18	b	4th. Advent.		18	b		♋
19	a		♈	19	c			19	c		♋
20	b	24 Sun. af. Trin.	♉	20	d			20	d		♌
21	c		♉	21	e			21	e		♌
22	d		♊	22	f	☾ Full 23 d.		22	f		♌
23	e	☾ Full 23 d.	♊	23	g	at 7 in even.		23	g		♍
24	f	8 in the mor.	♊	24	a			24	a		♍
25	g		♋	25	b			25	b		♍
26	a		♋	26	c	first Mar. Tr.		26	c		♎
27	b	Advent Sunday.	♌	27	d			27	d		♎
28	c		♌	28	e			28	e		♎
29	d	☾ L.q 30 d. 1. m.	♍	29	f	☾ Last qu. 29		29	f		♏
30	e		♍	30	g	d. at 15 in m.		30	g		♏
				31	a			31	a		♏

A PROGNOSTICATION FOR The Year of Our LORD, 1664.

BEING Bissextile or Leap-Year.

Wherein sundry Things are contained, worthy of being taken Notice of.

By *Sarah Jinner*, Student in Astrology.

LONDON,

Printed by *John Streater*, 1664.

A Table containing the beginning and duration of the Kings Reigns since the Conquest with the time how long it is since, to this Year, 1664. *Being fit for Scriveners, and such as are imployed in Law-cases.*

The K. names.	Began his Raign.	Raigned yea: mon: days	Since their Raigns began
W: Con.	1066 Octob. 14	20 y. 11 m. 22. d.	598 Octob. 14
W: Ruf.	1087 Septemb. 9	12 y. 11 m. 19 d.	577 Septem. 9
Henry 1	1100 August 1.	35 y. 4 m. 11 da.	564 August 1
Stephen	1135 Decemb. 2	18 y. 11 m. 19 d.	529 Decem. 2
Henry 2	1154 Octob. 25.	34 y. 9 m. 2 day	510 Octob. 25
Rich. 1	1189 July 6	9 y. 9 m. 22 day	475 July 6
K. Iohn	1199 April 6	17 y. 7 m. 0 day	465 April 6
Henry 3	1216 October 19	56 y. 1 Moneth.	448 Octob. 19
Edw. 1	1272 Novemb. 16	34 y. 8 m. 9 day	392 Nov. 16
Edw. 2	1307 July 7	1 y. 7 m. 6 day	357 July 74
Edw. 3	1326 January 25	50 y. 5 m. 7 day	338 Janua. 2
Rich. 2	1377 June 21	22 y. 3 m. 16 d.	2[illegible]7 June 21
Henry 4	1399 Septemb. 29	13 y. 6 m. 5 day	265 Septe. 2[illegible]
Henry 5	1412 March 20	9 y. 5 m. 24 day	252 March 20
Henry 6	1422 August 31	38 y. 6 m. 18 day	242 August [illegible]
Edw. 4	1460 March 4	12 y. 1 m. 8 day	204 March 4
Edw. 5	1483 April 9	0 y. 2 m. 18 day	181 April 9
Rich. 3	1483 June 22	2 y. 2 mo. 5 day	181 June 22
Henry 7	1485 August 22	23 y. 8 m. 9 d.	179 August 22
Henry 8	1509 April 22	37 y. 10 m. 2 d.	155 April 22
Edw 6	1547 January 28	6 y. 5 m. 19 day	117 Janu. 2[illegible]
Q. M.	1553 July 6	5 y. 4 m. 22 day	111 July 26
Elizab.	1558 Novem. 17	44 y. 4 m. 15 d.	[illegible]6 Nove. 17
K. Iam.	1602 March 24	22 y. 0 m. 3 day	62 March 2[illegible]
K. Ch. 1	1625 March 27	24 y. 10 m. 7 da.	[illegible]9 March 27

Since *Charles* the 2d. began to reign, 16 years, Jan. 30

Whom God preserve in prosperity long to reign.

A succinct Chronology of the most remarkable Passages which have happened within these his Majesties Dominions, from the Year 1600. untill this present Year 1664.

Since		
	King *Charles* I. born at *Dunferm.* in *Scotl.*	64
	Queen *Eliz.* dyed, and *James* proclaimed K.	62
	The Powder Treason discovered.	59
	The Bible translated by K. *James*'s command.	56
	The New Exchange built.	56
	Prince *Henry* dyed at St. *James*'s.	52
	Prince *Charles* created Prince of *Wales*.	48
	Prince *Charles* imbarqued for *Spain*, and returned.	41
	The marriage with *France* accorded.	40
	Amboyna's bloody Cruelty.	40
	K. *James* dyed at *Theobalds*, Pr. *Charles* proclaim'd.	39
	Duke of *Buckingham* accused of High-Treason.	38
	He imbarqued for the Isle of *Rhee*.	40
	Parliament began at *Westminster*, wherein the Petition of Right was granted by the King.	40
	London fined for *Lamb*'s death, 6000 l.	36
	Duke of *Buckingham* murthered at *Portsmouth*.	35
	Prince *Charles* born, baptized, and dyed.	35
	Prince *Charles* born and baptized.	34
	The Lady *Mary* born.	33
	The lamentable fire on *London* Bridge.	32
	The Illustrious *James* Duke of *York* born.	31
	Charls I. marched against & treated with the *Scots*.	25
	Henry Duke of *Glocester* born.	24
	The Long Parliament began.	24
	Pr. *Mary* married to the Pr. of *Orange* at *Whitehall*.	23
	Earl *Strafford* beheaded.	23
	K. *Charles* sentenced to death, and murthered.	16
	K. *Charles* II. proclaimed in *Scotl.* and *Ireland*.	16
	He was Crowned in *Scotland*.	14
	Gen. *Monck* marched into *London* with his Army.	3
	His Majesty with the Dukes of *York* and *Glocester* arrived at *Whitehall*.	4

Phyſical Obſervations.

A Syrup to Concoct, and prepare the humours, to provoke the Terms.

TAke Syrup of Betony, of Mugwort, and Elecampane, of each half an ounce; of the Decoction of Hyſop, and Betony, of each four ounces; mix them together, and ſo take it when you pleaſe.

Medicinal things which provoke the Terms are Cynamon, Calia Lignea, Coſtus roots, Maſtick, Spica Indie, Spica Romana, Gallia muſcata, and ſuch like.

Fumes to be burnt to move the Terms are,

Oppoponacum, Sopono[illegible], Frankincenſe, Lignum Aloes, and red Storax.

Things by nature cool, which move the Terms are,

The ſeeds of ſmall Endive, of Melons, of Gourds, of Pompions, Cucumbers and Lettice, of which Peſſaries may be made, to uſe in the Womb; but have a care you put a ſtring to them, to get them out again when you pleaſe.

Common Syrups which remove Obſtructions of the Terms, are,

Syrup of Mugwort, of Maiden-hair, of Chicory with Rhubarb, and the Syrup of the five Roots, theſe you may have ready at the Apothecaries.

Confections good for this Disease, are,

The Confection of Elecampane roots, the Confection of Elango roots, Conserves of Piony and Merry roasted in an Apple.

An Electuary to purge the Reins.

Take Cassia newly extracted, one ounce: Rheubarb in powder, one dram: mix them together with syrup of white water Lillies, a sufficient quantity to make it into an Electuary; put this into a penny pot of White-wine, or a little Possel drink, which comes first to hand; stir it well together, till it be all dissolved in the drink, and so take it in the morning fasting, and go about your business (if you have any thing to do) about two hours after, take some broth or possel drink.

This Medicine you may take twice or thrice, as you see occasion, resting alwayes a day between.

Afterwards, you may take every other day, a dram of Trochis de Tabac in Plantane water.

You may also give the Patient, every second or third day, a dram of the filings of Ivory in Plantane water: it is very good.

Sweating is also much commended in this case, which may be thus done.

Take Barley water three ounces: strong Wine three ounces: give it to the Patient very warm, and so let her sweat.

A Powder to be used in the nature of a Pessary, against the suffocation of the Matrix, or fits of the Mother.

Take red Storax, Lignum Aloes, Cloves, of each a dram: Musk, Amber, of each half a dram: make them altogether into a powder, and then bind it up in a cloth in the form of a Pessary, and put it up into the Matrix.

A Confection to cause fruitfulness in Man or Woman.

Take Rapes, Ivory shaven, Ash-keys, Sesely, Behen, red and white, of each one dram: Cinamon, Doronicum, Mace, Cloves, Galingale, long Pepper, Rosemary flowers, Balsam wood, Blastis, Byzantie, Marjoram gentle, Penny-royal, of each two scruples: Balm, Buglos, Citron pills, of each one scruple: Spica Indie, Amber, Pearls, of each half a scruple: Sugar a pound: decoct the Sugar in Malmsey and the other things; and make them into a Confection, use of it a little at a time.

A Powder for the same to be strewed on meat.

Take Nutmegs, Cubebs, Ginger, of each half a dram: long Pepper, Mastick, Cinamon, red Behen, white Behen, of each a scruple: mix them all together, and make them into a fine powder, and strew of it a little upon the parties meat.

Another Confection for the same.

Take Honey, 3. ounces: Linseed, Grains, Ivory shaven of each one ounce: Borrage, three ounces: Sugar 24 ounces: Musk, Amber, of each half a scruple: Cinamon, two grains: Cloves, Mace, of each one grain: clarifie the Honey, then incorporate the other things with it, to make a Confection thereof, and take of it as you please.

A Potion to further Conception in a Woman.

Take Wormwood, Mugwort, of each a handful, boyl them together in a quart of Goats milk, till almost half be wasted, and let the Woman drink thereof first and last, every morning and evening a good draught.

A Confection to further fruitfulness in Men, and Conception in Women.

Take a Bores stones: Stags pissel shaven small, one ounce, Bulls pissel, if you cannot get the other, will do as well; Sparrows brains, fifty or sixty, yellow Rape, Eringo root, and Satyrion confected, Ivory shaven, of each three ounces and a half: Cinamon, Mates, Indy, Rue Kernels, of each two ounces: Long Pepper, Ginger, Rosemary flowers, of each half an ounce: Sesely one dram: Nettle seed, Cloves, Saffron, Mace, Galingale, Cypress roots, Nutmegs, Cassia wood, Cucubes, Dorouicum; field Mints, Penny royal, Spica Indie, Musk, Amber, of each one dram: make all these into a Confection with four pounds and an half of white Sugar, refined in Mint-water, and take of it as before is directed; and if you cannot easily get all the things, yet refuse not the Medicine, but make it with as many as you can come by.

Pills to expel a dead Child.

Take Trochis of Mirrh, one scruple: Galbanum, half a scruple: make five Pills thereof, with Penny-royal water.

A most excellent Plaister to strengthen Women with Childe, to wear all the time they be with Childe.

Take Oyl Olive, two pound and four Ounces, red Lead, one pound, Spanish Sope, twelve Ounces: Incorporate them all together in an earthen pot, and when the Sope cometh upwards, put it upon a small fire of coals: and continue it an hour and a half, stirring it with an Iron or stick; then drop a drop of it upon a trencher, if it cleave not, it is enough: spread it on cloths, or lay it on a board till it cools, then make it up into Rolls: it will last twenty years, the older, the better; and when you have occasion to use it for this purpose, spread a Plaister of it, and apply it

to

to the back: and when you have tryed it, you will give me thanks for it. It is likewise good for the bloody Flux, Running of the Reins, or any weakness in the back, for any bruise, to draw out a Thorn out of the flesh, and easeth Corns, and is good for a strain, and for the Headache being applyed to the Temples.

But to proceed, when the Woman with child begins to draw near her time; then let her use such meats and drinks as nourish well, but use no excess of either; but especially let her take care to keep her body soluble.

An excellent Medicine to procure easie delivery in Women.

Take Pippins, cut them in thin slices, and fry them with the Oyl of sweet Almonds, and eat thereof in the morning, and at four a clock in the afternoon, use it constantly a matter of five or six weeks before your time, till you are brought to bed; and mix some Oyl of sweet Almonds, and Sperma cœti together, and annoint the Belly and Matrix, once every day therewith warm, or oftner if you can conveniently.

A Confection for an excessive flood in women lying in Child-bed.

Take Conserve of Piony, one ounce; Conserve of Roses, one ounce, Conserve of Burrage, Buglos, Balm, of each half an ounce; prepared Bolus, half a dram, prepared Pearls, one dram; Cynamon, one dram and a half: mix them all together, and make a Confection thereof.

Take Blood stone, one dram and a half: red Coral, one dram: Tormentil, Trochis de Sodio, of each half a dram: scraped Ivory, burnt Harts-horn, of each one scruple: Pearls prepared, four scruples: fine Bolus, two scruples: Shepheards purse, red Sanders of each a scruple: Cinamon, one dram: Sugar, six Ounces: wash

with the Blood-stone in Plantain water, and make a Powder, or Lozenges thereof.

Of the superfluity of Milk, and other accidents happening after the Birth.

Excessive abounding of the Milk, after a Woman is delivered, if it flow more than the Child can grow there oftentimes ensue Impostumes and other Inflammations and Distempers in the Breasts; for Remedies whereof, use these prescriptions following.

The Patient must eat and drink but moderately, and avoid all such things as engender much blood, and use means to dry and take away the superfluous blood, as Rue and wild Rue, with the seeds of Basil, and stampt together; if one take every day a quarter of an ounce, the same is very good to dry up the milk.

To dry up the Milk.

Take Rosen a good quantity, and temper it with Cream, and lay it luke warm over the Breasts.

For clotted or congealed Milk in the Breasts.

Let Women keep sobriety in eating and drinking, and using moyst meats that may engender subtile Milk; Mints, Saffron, and Cinnamon, is good to be used in their meats.

Take grated Bread, new Milk, and Oyl of Roses, of each a like quantity: stamp them together to a pap, and lay it warm upon the Breasts.

For congealed Milk and pain in the Breasts.

Take Cork and burn it to ashes, and temper it with Oyl of Roses, and a little Vinegar, and therewith annoint the Breasts.

A Salve to dissolve congealed Milk in the Breasts.

Take Deers Suet three quarters of an ounce; liquid Styrax one ounce, Wormwood, Cummin, Dill seeds, of each one ounce; Oyl of Wormwood, Ducks grease, of each one Ounce and an half, Saffron one scruple, make an Ointment or Plaister hereof, and apply it to the Breasts.

A good Plaister to dissolve hard knots in the Breasts.

Take crums of white Bread, Barley meal, Mustard-seeds, Fennel, and Holy-hocks roasted under the ashes, of each a like quantity, pound them all well together, and make a Plaster thereof, with Oyl of Camomile, and apply it warm to the Breasts.

For hardness, and inflammation in the Breasts, through congealed Milk, a Poltis.

Take flowers of Mallows, Violets, Celendine, Daisies, Cinquefoil, of each one handful; boyl them together in two quarts of water, till it come to a pint, then strain it, and mingle it with Wheaten meal, to the thickness of pap, then put to it hens grease, or hogs lard, and boyl it again to a Poltis, spread it on a cloth, about the thickness of a finger, and lay it morning and evening upon an inflamed sore Breast.

A Medicine for swelling in the Breasts, much profitable and easie to be had.

Take a good quantity of Peach leaves, and Rue, and stamp them small, and boyl them in water to a Poltis, and lay it on the grieved place, this will ripen the Impostume, and ease the pain.

For Clefts or Chops of the Nipples.

Take Mutton, or Lambs suet, as much as you please,

pleats, and after it is molten, and clarified, then wash it in Rose-water, and therewith annoint the Nipples. And thus much for the Diseases in the Breasts.

Meanes and Remedies for those Nurses that want Milk.

Those Women that would increase their milk, let them eat good meats if they can get it, and drink milk wherein Fennel-seed hath been steeped.

If the Woman be of a hot nature, and full of Choller, let her drink Barly water, and Almond milk, eat Lettice with her meat, Buerage, Spinnage, Goats-milk, Cowes milk, and Lamb sodden with Verjuice. And avoid sorrow and anger as much as may be: and comfort the stomach with Confections of Annis-seeds, Carraway and Coriander-seeds: and likewise use these seeds sodden in water. If you would have an outward meanes, use this Plaister following.

Take half an ounce of Deers suet, and as much Parsley roots, with the herbs, an ounce and an half of Barley meal, three drams of red Storax, and three ounces of Oyl of sweet Almonds: seeth the Roots and herbs well, and beat them to pap; and then mingle the other amongst them, and lay it warm to the Nipples, it increaseth Milk.

For such as think themselves bewitched, that they cannot do the act of Venery.

Take flying Ants, mixed with the Oyl of Elder, and annoint the defective Instrument.

To take away the desire of a Woman to the Act of Venery.

Take of a Red Bulls Pizzle, and powder it, and put in Wine or Broath, the quantity of a Crown weight of silver, and she will abhor the desire of lying with a man: this may be a good Medicine for the distempering of young Girls throwing themselves a-

way

way upon Mad-cap fellows. The same Ingredient given to men, will provoke Venery in them that are dull and impotent.

To take off the edge of Venery.

Eat Rue and Camphir, it will make a man no better then an Eunuch; and if you lay the seeds under you, it will produce the same: the Matrons of Athens were accustomed to lay Rue leaves under them when they went to Bed.

For prevention of quarrels between Man and Wife.

The heart of a Male Quail carryed by a man about him; and the Heart of the Female carryed by a Woman about her, causeth concord and mutual love, and assured peaceable agreement.

A help to him that desireth to be Chaste, or to be freed from the Plague of Love.

A Tureles Heart wrapped in a Wolves Skin he that carrieth it about him shall be freed from immoderate Love, yea, from loving at all.

When you would have a Woman or Maid discover all that ever she did.

Take the Heart of a Pigeon, and the Head of a Frog, dry them both, and powder them, strew the Powder so prepared, upon the breast of her that is a Sleep, and she will discover what ever you desire, and discourse with you, and answer all questions. Albertus Magnus.

To make one appear exceeding fair.

Take Whites of Eggs well washed, and grind them upon a Marble stone, as Painters do their Ceu-

lers;

[illegible] put water thereunto, let them stand until the Whites sink into the bottom, then take away the water gently, and let the matter that stayeth behind dry in the Sun; and when you will use it with Romacan, paring away the yellow part as much as is needful, lay it into double Vinegar all night until it be dissolved; then strain it and add thereto some of the aforesaid Powder. This hurteth not the Face nor Teeth as other paints used by Ladies do, the Face is no wise altered by the application of it, and it is very beautiful to behold, the chief of the Venetian Ladies use this sort of painting.

To colour the Face red.

Take of the Root of Solomons Seal, it is a Plant common to be had in most Gardens, and rub the face over with it, and it will make pale cheeks look red.

To take away Carbunkles, or red Pimples in the Face.

Take four Ounces of Peach Kernels, and Gourd-Seed blanched, two Ounces, beat them, and press them strongly, to draw forth an Oily Liquor: with the which, morning and evening, touch the Carbunkles, and they will be taken quite away, or the redness much abated.

A Water to colour the Face, and causes admirable smoothness:

Let the Whites of Eggs be boyled until they be hard, then distil water from them, the which use, the like of Rosemary water, Bean-flower water, and the juice and water of Lemmons.

An Oyl that maketh the Skin fair and shining:

Take white Tartar two pound, Talcum, Salt, of each half a pound, mingle them, and set them into a Potters Furnace, then put it for fifteen or twenty days into some bag with a sharp end, and set it in some moist

moist place free from the Ayr, setting some Vessel under it to receive the Oyl that runneth from it; the which use, having first washed your face, and dryed it well; this is a Medicine that will make you look young and youthful beyond measure.

Another of rare quality.

Take Allom bruised, and flaked with whites of Eggs that are new, being beat and mixed continually, will grow thick to an Ointment, if you anoint your Face morning and evening therewith, you will make all the Women in love with you; for it will make you fair, and take all spots out of your Face.

A Prognostication

A Prognostication for this present

I shall not insist much upon this figure of the deposition of the Heavens, at the time of ⊙ entering ♈ onely I shall give you some general Judgments according to Art, we find all the Planets under the Earth, except

Mars ♂

Mars ♂ and the ☉ Sun himself is partly descended over the Horizon at his first entring ♈ Aries: it being 7 seconds past 6 at night, at which time he equally divideth the dayes and nights throughout the Universe, and runeth his course then in the Meridian, and dispersieth the beames of his light impartially: we find ♄ Saturn in he 3d House intercepted in ♐ the day house of ♃ Jupiter, of which he is Lord; the which denoteth, that a very great sluggishness, sloathfulness, and indisposition of Body shall attend many, likewise it will produce much carelesness in Husbandry and Manufactery, the more is the pity: Many Children born this Year, will be foolish, and dull of apprehension; others of a malitious and peevish disposition, and inclined to a sacrilegious temper, and apt to speak evil of Dignities; others will become wasters of their Patrimony, and be theevishly inclined.

This Year many of your Theeves shall have ill success in their undertakings, they shall be deceived and discovered, to the indangering of their necks: also many Male Children born now, shall live to be stale Batchellors, and contemn Marriage, and Women, and not delight in them for love, but on the contrary, for lust; the which above

all things, Women ought to beware of, the ☾ Moons being in the 4th House, signifieth troubles and dangers, not a few that attend many: together with the peevishness, and untowardness of Mothers in Law: Also an insolent humour raigning in ignoble spirits, together with many more inconveniencies, but that the ☾ Moons applying her self to a ☌ Conjunction of ♃ a good Planet, the evils portended by her possession in the 4th House, is abated thereby: ♃ being there posited, denoteth all manner of good to the Fruits of the Earth, especially of Pastors, Orchards and Gardens. Likewise the Planet by his Influence, is a well-willer to the repairer of old Castles, Cathedrals, and Religious and pious Places. Embassadors are succesful in the Service of their Princes, and old Women have an aking to flatter young men.

Well, we find ♀ Venus in the 5th House, in ♒ Aquarius she being in the 17th degree, and ☋ the Dragons Tail in the 19th degree. I like her much the worse, otherwise she would be very fortunate and propidious, however she is respected by the influence of the other good Planets: She is a great Friend to Children, Towns besieged, and all sorts of Women: Such who have the benefit of this

position

position of her in their Nativities, may expect to be famous and eminent; and to be beloved of Women above measure, to advance his Fortune by them in Marriage, and otherwise: The next we find ☿ Mercury in ♓ Piſes retrograde in the 6th Houſe: denoteth, that Servants will generally be croſs, vexatious, and intolerable, eſpecially Maid-ſervants, and that Lawyers will gain much by the unquietneſs of Women: the truly Learned will be highly eſteemed, ſeveral of them will be highly advanced to Dignities. Shepherds, Goatherds and Neatheards will be ſucceſsful: the Sun ☉ upon the Cuſp of the 7th Houſe, in oppoſition to the Aſcendant, intimateth a ſickly time, and unquiet turbulent minds, no Planet being in the 10th Houſe. Mars ♂ in the 11th Houſe in ♌ Leo, the Houſe of the Sun ☉ denoteth ſucceſs to men at Arms: to Judges, all workers in Furneſſes, Forges, or otherwiſe by Fire.

Of the Eclipſes that will happen this preſent Year, 1664.

There will be 4 Eclipſes this preſent Year, two of the Sun, and two of the Moon, of all which we ſhall onely ſee the laſt, which is a totall Eclipſe of the Moon.

The firſt is an Eclipſe of the Sun, upon the 18th of *June*, in the morning, to be ſeen in the North-Eaſt from us.

The ſecond is a great and total Eclipſe of the Moon, on the 1ſt of *February*, which will be viſible to the Eſtern parts of the World, where will be ſeen the whole Body of the Moon, in or near the Meridian, it will be ſeen in almoſt all the Eſtern parts of *Tartaria*, *China*, *Japan*, and *Philippina*.

The third Eclipſe is a ſmall Eclipſe of the Sun, upon the 12th of *July*, it will be onely viſible to the more remote South parts of the World, unknown to us.

The 4th and laſt Eclipſe of the Moon, will happen the 27 of *July*, it will be viſible to us in *England*, at 35 m. 53 2ds paſt 11 at night.

Obſervations

Observations for good Husbandry, and good Housewifry.

Januaries Observations.

PLow for Peaſe, fallow ſuch Land as you intend ſhall reſt the year following; water your barren Meadows, Paſture, and drain arrable ground, eſpecially if you intend to ſowe Peaſe, Oats, or Barley the ſecond time following: alſo ſtub up all rough grounds, trim up your Garden moulds; The weather calm, remove all manner of Fruit-trees, rear Calves, remove Bees, keep good Dyet.

Februaries Observations.

Set Beans, Peaſe, and other pulſe in ſtiff ground, begin the ſooneſt, prepare your Garden, prune and trim your Fruit trees from Moths, Cankers, and ſuperfluous branches, plaſh Hedges, lay your quickſet cloſe, plant Roſe, Gooſeberry trees, and any other ſhrub

trees, and graft your tender stocks; forbear all phlegmatick meats.

March's Observations.

Look well to your Ewes, cut up underwood or Fewel, transplant all sort of Summer flowers, comfort them with good Earth especially the Crown Imperial, Narcissus, Tuleps and Hyacinth; in your barren Fruit Trees, bore holes, and drive hard wedges of Oak, and cover Roots of Trees close with fat Earth that are uncovered; graft Fruit Trees, and sowe Oats, Rye, and Barley, let your Diet be cold and temperate.

April's Observations.

Sowe your Hemp and Flax, sowe and set all sorts of Herbs, open your Hives, and give your Bees their liberty, and let them labour for their living; cut your Oak Timber, the bark is best for the Tanners use. Scower your ditches, gather your Manure together in heaps, gather stones, repair high-wayes, set Oziers and Willows, and cast up all decayed Fences: For your health, use moderate exercise.

Mays

May's Observations.

Fold your Sheep, carry forth Manure, and bring home Fewel: weed Winter Corn, furnish your Dairy, let your Mares go to Horse, fat your dry Kine, and away with them: sowe your tender seeds as Cucumbers, Musmelions, all sweet kind of Herbs and Flowers. For your health drink clarified Whey.

June's Observations.

Distil all sorts of Plants and Herbs whatever, cut your rank Meadows, fetch home fewel, and carry forth Manure, Mause and Lime to mend your Land: Be sure to be chaft this Month, what ever you are the rest of the year.

July's Observations.

Attend your Hay-Harvest, shear Fieldsheep: let the Herbs you intend to preserve run to seed; cut off the stalk of your flowers, and cover the Roots with new fat Earth: sell your Lambs you intended for the shambles. Take no Physick, unless in extraordinary Cases, refrain venery.

August's Observations.

Follow diligently your Corn Harvest, cut down your Wheat and Rye, mowe Barley and Oats, put off your fat Sheep and Cattel, gather your Plums, Apples, and Pears; make your Summer Perry and Cyder, set your slips and Scyons of all sorts of Gillyflowers, and other flowers; Transplant them that were set in the Spring, geld your Lambs, carry Manure from your Dove-coats, put your Swine to the Early mast. Refrain all excess in eating and drinking, drink that which is cooling.

Septembers Observations.

Cut your Beans, Pease, and all manner of Pulse: on the Land you intend to sowe Wheat and Rye, bestow the best Manure; gather your Winter Fruit, sell your Wooll, stocks of Bees, and other Commodities you intend to put off. Thatch your Hive of Bees you intend to keep and look that no Droans, Mice or other vermin be about them. Thrash your seed, Wheat and Rye. Use Physick moderately. shun the eating of sweet or rotten Fruit, avoid surfeiting.

Octobers

Octobers Observations.

Finish with your Wheat-seed, plash and lay your hedges and quicksets, scowre your Ditches and Ponds, transplant and remove all manner of Fruit Trees, make Winter Perry and Cyder, spare your Pastures, and feed upon your Corn fields; draw furrows to drain, and keep dry your new sowen Corn: make Malt, rear all new fallen Calves, all Foals that were foaled in the Spring, weaned from the Mares. Sell your Sheep that you do not intend to Winter, and separate Lambs from the Ewes, that you intend to keep. Recreate your spirits by harmless sports, and take Physick by good advice, if need be.

Novembers Observations.

Cut down your Timber for Plows, Carts, Naves, Axeltrees, Harrows, and other Offices about Husbandry, or Housewifry; make the last retorn of grasse feed Cattel, take your Swine from the mast, and feed them for the slaughter: Rear all Calves that fall now, break all Hemp and Flax you intend to spend in the Winter season. Remove

Fruit

Fruit Trees, and sowe Wheat and Rye in hot Soyls; Use Spices and Wine, moderately.

Decembers Observations.

Put your Sheep to the Peafe Ricks, kill your small Porks, and large Bacons, top Hedges, saw your Timber for building, and lay it to season: plow your ground you intend to sow clean Beanes on: cover your dainty Fruit Trees, drain your Corn fields, and water your Meadows: cover your best flowers with rotten Horse-litter. Now all sorts of Fowle are in season, keep thy self warm with a wholsome Dyet, and avoid all care that shall trouble thy spirit, as a dangerous thing.

Natural Prognosticks for the Judgment of Weather.

THe resounding of the Sea upon the shore, and the murmur of Winds in the Woods, without apparent wind, shew wind to follow: for such winds breathing chiefly out of the Earth, are not at the first perceived, except they be pent by water or wood. And therefore

fore a murmur out of Caves likewiſe portendeth the ſame. The obſcuring of the ſmaller Stars is a ſign of Tempeſts following. Alſo, if the Stars ſeem to ſhoot, winds from that quarter the Star came from.

The often changing of the Wind alſo ſheweth Tempeſts.

If two Rain-bows appear, rain; a Rain-bow preſently after rain appear, fair Weather.

If the Skie be red in the morning, it is a ſure token of Winds or Rain, or both; becauſe thoſe Vapors which cauſe the redneſs, will preſently be reſolved.

If the Sun or Moon look pale, look for Rain, if fair and bright, fair weather; if red winds as the Verſe hath it.

Pallida Luna pluit rubicunda flat. alba ſerenat

If a dark Cloud be at Sun-riſing, in which the Sun ſoon after is hid, it will diſſolve it, and Rain will follow: if then appear a cloud, and after vapours are ſeen to aſcend up to it, that portendeth Rain.

If the Sun ſeem greater in the Eaſt, then commonly it doth, it is a ſign of Rain.

If in the Weſt, about Sun-ſetting, there appear a black Cloud, it will rain that night, or the day following, becauſe that Cloud ſhall want heat to diſperſe it.

Sero

Serò rubens cœlum tras indicat esse serenum,
Sed si mane rubet venturos indicat imbres.

If Mists come down from the Hills, or descend from the Heavens, and settle in the Vallies, it promiseth fair hot weather; Mists in the Evening, shew a hot day on the morrow; the like when white Mists rise from the waters in the Evening.

Water-Fowls (as Sea-gulls, More-hens &c.) when they flock and fly together from the Sea towards the Shores; and contrariwise, Land-birds (as Crowes, Swallows &c.) when they fly from the Lands to the Waters, and beat the waters with their wings, do foreshew Rain and Wind.

The Circles that appear about the Sun, if they be red and broken, it portendeth Wind; if thick and dark, winds, snow, or Rain; which are also presaged by the Circles about the Moon.

Pro die inspice Solem orientem, pro nocte occidentem.

The Trifoly against Rain swelleth in the stalk, and so standeth more upright; for by wet stalks do erect, and leaves bow down. There is a small red Flower in the Stubble-fields, which in some Countries is called the Wincopipe, which if it be open in the morning, you may be sure of a fair day to follow.

Even

Even in men, aches, hurts, and corns, do engrieve, either towards Rain, or towards Frost.

Worms, Vermine, *&c*, do likewise foreshew Rain; for Earth-worms will come forth, and Moles cast up more; Fleas bite more against Rain.

Solid bodies likewise foreshew Rain; as Stones and Wainscot when they sweat.

Prognosticks of Pestilential and unwholesome Years.

It is observed by the Learned, that those Years are Pestilential & unwholesom, when there are great numbers of Frogs, Flies, Locusts, *&c*. The cause is plain, for that those Creatures being ingendred of putrefaction, when they abound, shew a general disposition of the Year, and constitution of the Air, to Diseases of putrefaction. And the same Prognostick holdeth, if you find Wormes in Oak-apples; for the constitution of the Air appeareth more subtilly, in any of these things, then to the sense of man.

Great and early heats in the Spring (and namely in *May*) without Winds, portend Pestilential Years; and generally so do years with little Wind or Thunder.

Great

Great Droughts in Summer, continuing till towards the end of *August*, and some gentle showres upon them, and then some weather again, do portend a Pestilent Summer the Year following. For about the end of *August*, all the sweetness of the Earth, which goeth into Plants and Trees, is exhaled; (and much more if the *August* be dry) so that then nothing can breath forth of the Earth but a gross vapour, which is apt to corrupt the Air; and that vapour, by the first showres, if they be gentle, is released, and cometh forth abundantly. Therefore they that come abroad soon after those showres, are commonly taken with sickness. And in *Africk*, no body will stir out of doors after the first showrs. But if the showrs come vehemently, then they rather wash and fill the Earth, then give it leave to breath forth pleasantly. But if dry weather come again, then it fixeth and continueth the corruption upon the Air, upon the first showrs begun, and maketh it of ill influence, even to the next Summer, except a very frosty Winter discharge it, which seldom succeedeth such Drought.

The lesser infection of the small Pocks, Purple-feavers, Agues, in the Summer precedent, and hovering all Winter, do portend a

great

great Pestilence in the Summer following; for putrefaction doth not rise to its height at once.

A dry *March*, and a dry *May*, portend a wholesom Summer, if there be a showring *April* between; but otherwise it is a sign of a Pestilential Year.

Non nobis solum nati sumus, sed partim Patriæ, partim Parentibus, partim amicis debemus.

Furthermore, because the Air according to its scituation doth much alter and change the constitution of Mans body, & may breed pure and wholesom blood, or corrupt & bad blood, and malignant humours. Therefore, that you may know what Air is pure and sound, and what Air corrupt and infectious, I will add some Experiments, which the judicions have observed, whereby you may conjecture how the Ayr is disposed, and that

A sound and pure Ayr is

Made hot presently after Sun rising, and is made cold presently after Sun setting.

Which yieldeth a pleasant smell after rain, clear and not evaporared, open and lightsom where the North Wind bloweth.

Where

Where the East Wind bloweth in the Morning,

A corrupt and infectious Ayr is

Made by the often blowing of the South, or South East Wind, or by the South-West, or West in the Evening, which ingender Sicknesses.

Where the Ayre is cold long after Sunne-rising.

Where the Ayre is long hot after Sunne set.

Where the Ayre is long close, cloudy, or thick.

FINIS.